



## My Morning Routine



Task 1

Task 2

Task 3

Task 4



## My Evening Routine



Task 1

Task 2

Task 3

Task 4



sit



read



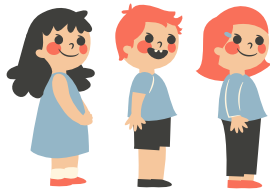
listen



sad



wash hands



line up



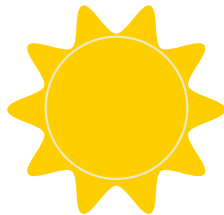
share



help



stop



outside



bus



lunch



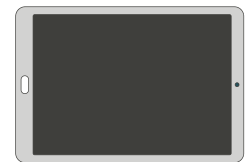
buddies



snack



word work



tech time



walk



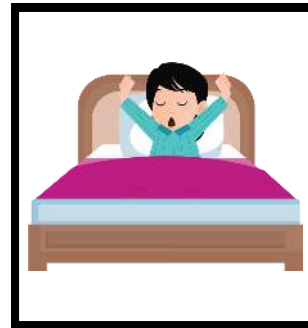
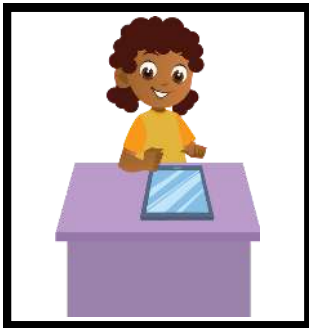
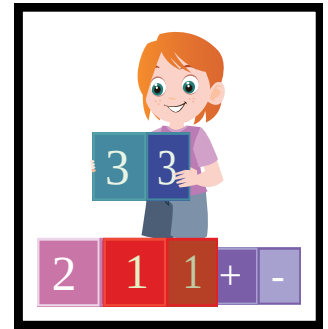
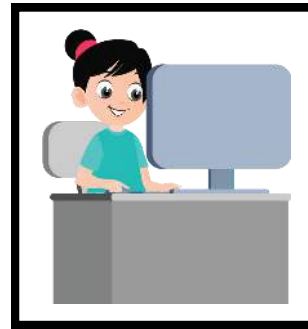
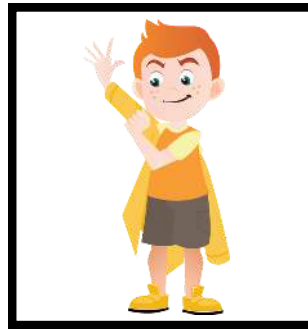
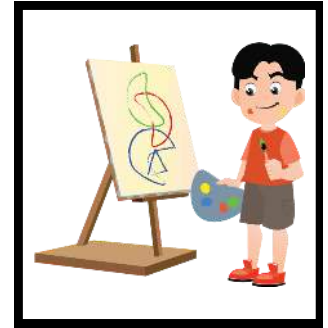
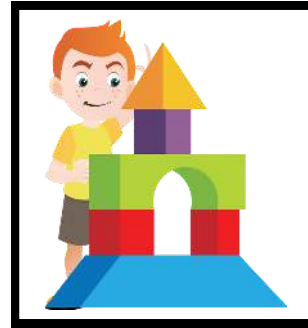
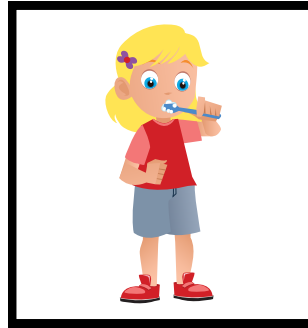
headphones

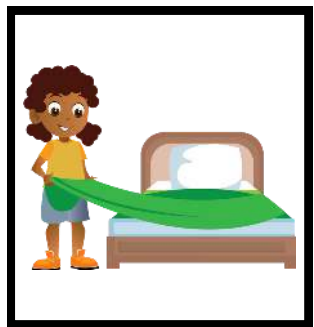
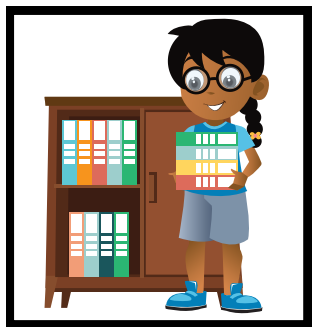


recess



counting

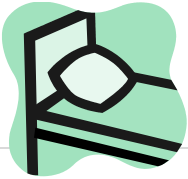




# Good Morning Routine!



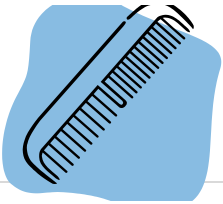
Get Dressed



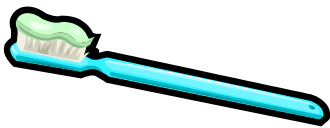
Make Bed & Tidy Room



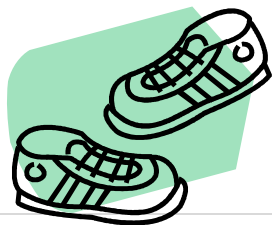
Eat Breakfast



Fix Hair



Brush Teeth



Shoes On



Get Bag, Lunch, etc.

# morning routine

☐

get dressed

☐

eat breakfast

☐

brush teeth

☐

go potty

☐









backpack/jacket

☐

go to school



# After School Routine

	Put Away Items
	School Paperwork
	Snack
	Homework
	Free Time
	Dinner
	Family Contributions
	Prep for Tomorrow

Let's get dressed



underwear



shorts



T-shirt



socks



shoes



good morning



awake



toilet



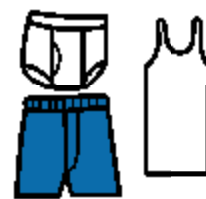
breakfast



grooming



get dressed



good morning



toilet



breakfast



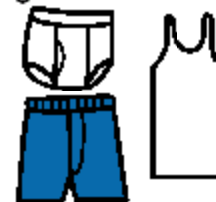
medicine

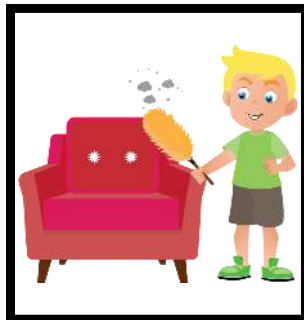
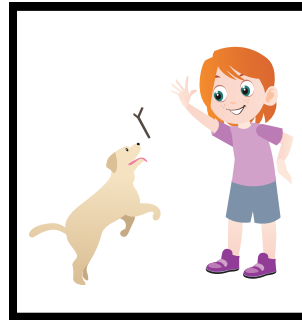


grooming



get dressed





good night



bathe



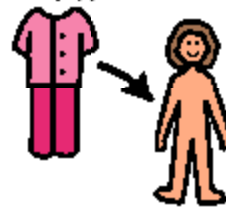
dry off



brush teeth



pyjamas



story



toilet



use toilet



wipe



flush

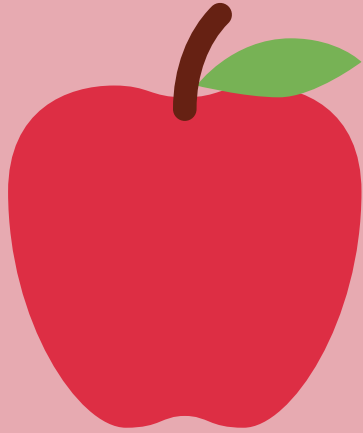


seat down

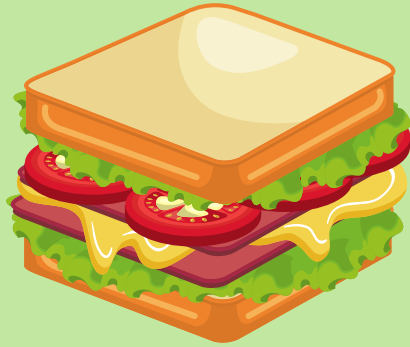


wash hands





**Fruit break**



**Lunch**



**Recess**



**Pack-up**



**Home time**



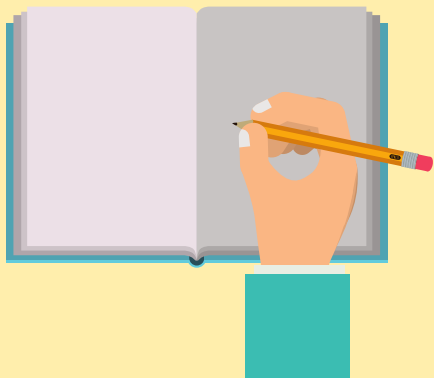
**Creative**



**Screen time**



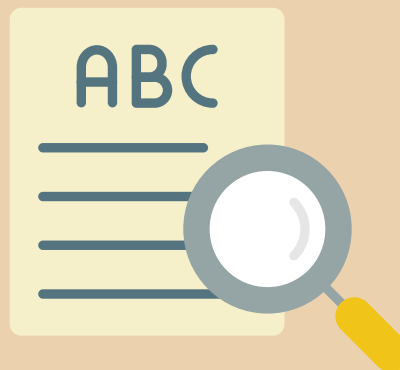
**Water break**



**Writing**



**Painting**



**Spelling**



**Maths**



**Library**



**Gardening**



**Literacy**



**Reading**



**Homework**



**Brush teeth**



**PJ time**



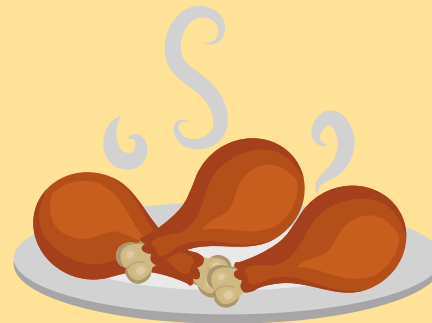
**Bath**



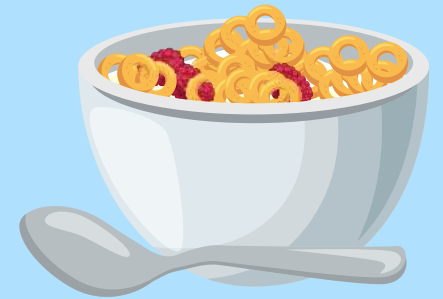
**Brush hair**



**Bed time**



**Dinner**



**Breakfast**



**Exercise**



**Science**



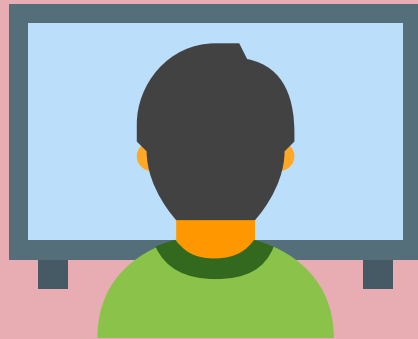
**Sport**



**Craft**



**Clean up**



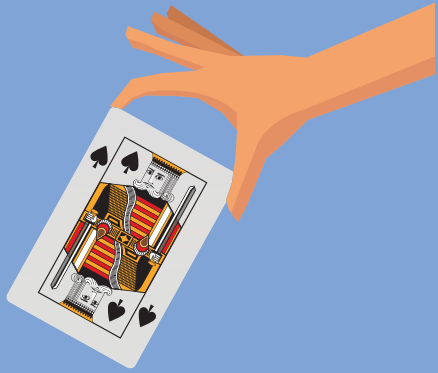
**TV time**



**Relax**



**Special jobs**



**Play time**



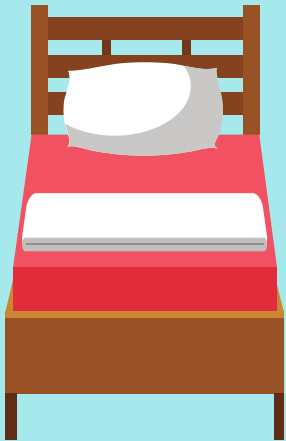
**Drawing**



**Game time**



**Medicine**



**Make bed**



**Free choice**



**Toilet break**



**Listening**

**Brush  
hair**



**Breakfast**



**Brush teeth**



**Comb hair**





**Bath time**

**Make bed**



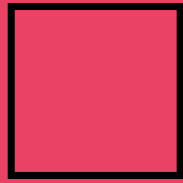
**Shower time**

**Bedtime**

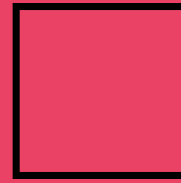


# My Morning Routine

1. Wake Up



2. Meditate



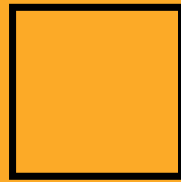
3. Eat Breakfast



4. Brush Teeth



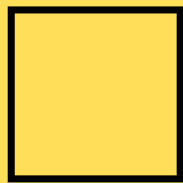
5. Play with Toys



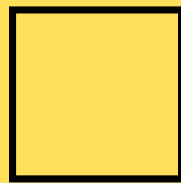
6. Snack Time



7. Art



8. Lunch

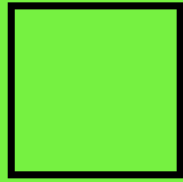


9. Nap Time

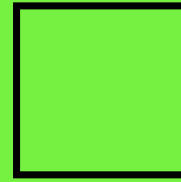


# My Night Routine

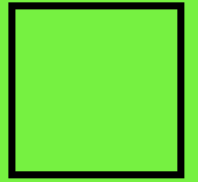
1. Get up From Nap



2. Get a Snack



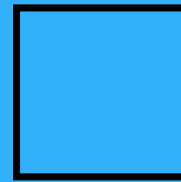
3. Play Game



4. Go Outside



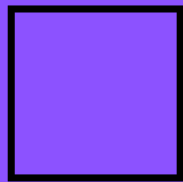
5. Sensory Play



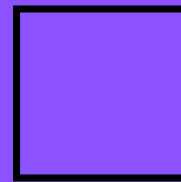
6. Do a Chore



7. Dinner



8. Brush Teeth



9. Bedtime

